



Earn 1,000
points!

Complete your Health Check

Health Check is a confidential 15-minute survey that provides valuable information about yourself and your health habits. You'll learn your strengths as well as areas for improvement and get personalized recommendations to help you tackle your wellbeing goals.

Visit app.personifyhealth.com and go to **Health > Surveys > Health Check**, or scan the QR code to open in the app.

